

Experiment with Light Retreat

Saturday 6 October 2018: 10am to 4pm



Facilitated by Andrea Freeman and Helen Meads

We shall be reflecting on and sharing our experience of an extended Experiment in retreat over a whole day.

Although the retreat is designed for those who have already experienced the Experiment, whether at a workshop, by practice on your own, in a Light group or an occasional Experiment in your Meeting, all are welcome and many have continued the practice after first meeting it on a retreat.

Friends who have participated in earlier Retreats have been taken aback at what has happened to them. You can read about and see their experiences in the Experiment with Light Journal special retreat edition: <http://www.experiment-with-light.org.uk/ewlnlret.pdf> and latest edition: <http://www.experiment-with-light.org.uk/ewlnl27.pdf>, p3.

Join us at **High Flatts Quaker Meeting House, Quaker Bottom, High Flatts, Huddersfield, HD8 8XU**