

The Experiment with Light: North American Network

For quite some years now the Experiment has been practiced by individuals and groups in North America. Most of us have used the book *Light to Live By*, written by Rex Ambler, and the resources offered by the Experiment with Light Network in Britain to be our guides in practicing and teaching the Experiment. More and more Quakers, and non-Quakers, are finding the regular practice of the Experiment to be beneficial to their lives.

In 2016 a group of approximately sixty people sat in a circle convened by Lois Yellowthunder when Rex Ambler was the plenary speaker at the Friends General Conference Gathering. The topic under consideration was: is there interest in forming a North American Light Network? The response was resoundingly affirmative, and the work began.

Jaimie and Dan Mudd are the liaisons for the North American Network, working closely with the Light Network in Britain and the Light groups and individuals in North America to support the continued practice and to spread the word of this core Quaker practice.

We want to hear from you! Send us an email at experimentwithlight@gmail.com to tell us about yourself. How can we help? Are you currently practicing the Experiment? With a group? How often and where?

The **Listings** document sets out where we know of existing groups and practitioners. If you would like to be put in touch with the people in those locations, email us to let us know.

Love and Light!